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## Max E. Coleman

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### ACADEMIC APPOINTMENTS

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**2023–**      **Assistant Professor**, Department of Sociology, University of Utah  
**Affiliated Faculty**, Health, Society & Policy (HSP) Program

### EDUCATION

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**2023**      **PhD**, Sociology, Indiana University Bloomington.

Dissertation: “Status and the Psyche: How Mental Health Paradoxes Challenge Theories of Inequality.” Committee: Brea L. Perry (chair), Jane D. McLeod, Anna S. Mueller, and Arthur S. Alderson

Qualifying Exam: Medical Sociology (passed in 2020)  
PhD Minor: Social Science Research Methods

**2018**      **MS**, Sociology, University of Wisconsin–Madison.

Master’s Thesis: “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Committee: Pamela Herd (chair), Michal Engelman, and Marcia J. Carlson

Preliminary Exam: Social Psychology and Microsociology (passed in 2018)

**2014**      **BA**, Sociology, Oberlin College. *Highest Honors*.

### RESEARCH AND TEACHING INTERESTS

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Medical Sociology  
Mental Health

Inequality/Stratification  
Social Psychology

Culture  
Theory

### PUBLICATIONS (\* denotes undergraduate coauthor)

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#### In Print

Smith, Nicholas C., and **Max E. Coleman**. 2024. “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans.” *Social Forces* (2024): soad151. [doi.org/10.1093/sf/soad151](https://doi.org/10.1093/sf/soad151).†

† Winner, Graduate Student Paper Award, ASA Social Psychology Section

**Coleman, Max E.**, and Matthew A. Andersson. 2023. “Hurt on Both Sides: Political Differences in Health and Well-Being during the COVID-19 Pandemic.” *Journal of Health and Social Behavior* 2023:1–16. [doi.org/10.1177/00221465231200500](https://doi.org/10.1177/00221465231200500).

Perry, Brea L., Nicholas C. Smith, **Max E. Coleman**, and Bernice A. Pescosolido. 2023. “Social Networks, the COVID-19 Pandemic, and Emerging Adults’ Mental Health: Resiliency Through Social Bonding and Cohesion.” *American Journal of Public Health* 2023:e1-e10. [doi.org/10.2105/AJPH.2023.307426](https://doi.org/10.2105/AJPH.2023.307426).

Hamilton, Lucas J., **Max E. Coleman**, and Anne C. Krendl. 2023. “Contact Reduces Substance Use Stigma through Bad Character Attributions, Especially for US Health Care Professionals.” *Psychology of Addictive Behaviors* 37(6):734–45.

**Coleman, Max E.**, \*Meghann E. H. Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. 2023. “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” *Alzheimer’s & Dementia* 2023:1–11. [doi.org/10.1002/alz.13035](https://doi.org/10.1002/alz.13035).

**Coleman, Max E.**, \*Mohit K. Manchella, Adam R. Roth, Siyun Peng, and Brea L. Perry. 2022. “What Kinds of Social Networks Protect Older Adults’ Health During a Pandemic? The Tradeoff Between Preventing Infection and Promoting Mental Health.” *Social Networks* 70(2022): 393–402.

**Coleman, Max E.** 2022. “Mental Health in the College Classroom: Best Practices for Instructors.” *Teaching Sociology* 50(2):168–82. <https://doi.org/10.1177/0092055X221080433>.† ‡

† In the top 5% of all publications [scored by Altmetric](#), a measure of the “attention surrounding scholarly content.” Top-scoring of all publications in *Teaching Sociology* (#2 of 552 as of February 2024).

‡ Invited to write a guest post at *The Conversation* (March 14, 2022): “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” <https://theconversation.com/5-ways-college-instructors-can-help-students-take-care-of-their-mental-health-178757>. Cross-posted at [35 news outlets](#).

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, and Brea L. Perry. 2022. “Do Subjective or Objective Cognitive Measures Better Predict Social Network Type Among Older Adults?” *Biodemography and Social Biology*, 67(1):84–97.

McLeod, Jane D. and **Max E. Coleman**. 2021. “Mental Health Inequalities.” Pp. 113–23 in *The Routledge Handbook of Contemporary Inequalities and the Life Course*, edited by Magda Nico and Gary Pollock. London: Routledge.

Perry, Brea L., Will R. McConnell, **Max E. Coleman**, Adam R. Roth, Siyun Peng, and Liana G. Apostolova. 2021. “Why the Cognitive ‘Fountain of Youth’ May Be Upstream: Pathways to

Dementia Risk and Resilience Through Social Connectedness.” *Alzheimer’s & Dementia* 18(5):934–41. <https://doi.org/10.1002/alz.12443>

Perry, Brea L, William R McConnell, Siyun Peng, Adam Roth, **Max Coleman**, \*Mohit Manchella, \*Meghann Roessler, Heather Francis, Hope Sheehan, and Liana Apostolova. 2021. “Social Networks and Cognitive Function: An Evaluation of Social Bridging and Bonding Mechanisms.” *The Gerontologist*, 62(6):865–75. <https://doi.org/10.1093/geront/gnab112>.

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Evan Finley, and Brea L. Perry. 2020. “Network Recall among Older Adults with Cognitive Impairments.” *Social Networks* 64(2021):99–108.

#### Under Review

**Coleman, Max E.**, Donald A. Godfrey, Amber Thompson, Catherine Sparks, and Rebecca L. Utz. “Interventions to Improve Caregiver Respite: Who Benefits and Under What Conditions?” (Under review at *Journals of Gerontology Series B Social Science*.)

Godfrey, Donald A., Bob Wong, Amber Thompson, **Max E. Coleman**, Catherine Sparks, and Rebecca L. Utz. “Goal-Oriented Respite Planning & Caregiver Experience and Evaluation of Respite Time Use: An Ecological Momentary Assessment.” (Under review at *Psychology and Aging*.)

Hamilton, Lucas J., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, Anne C. Krendl, and Brea L. Perry. “Distinct Characteristics of Social Networks Promote Cognitive Versus Psychological Health in Older Adults.” (Under review at *Alzheimer’s & Dementia*.)

#### In Progress

Andersson, Matthew A., and **Max E. Coleman**. “The Politics of Suffering: Constructing Depression Stigma in the United States.”

**Coleman, Max E.** “The Healthy Immigrant Paradox Reconsidered: Testing Differential Exposure and Vulnerability to Stressors.”

\*McEneaney, Finnean R., and **Max E. Coleman**. “Subjective Social Status and Mental Health: The Confounding and Moderating Role of Polygenic Risk Scores.”

## **RESEARCH SUPPORT**

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### Current & Completed Projects:

**2024** “Virtual Coaching to Maximize Dementia Caregivers’ Respite Time-Use: A Stage 1 Pilot Test for Feasibility and Efficacy.” (PI Utz, R01-AG061946). Role: Co-Investigator.

- 2023–** “Testing of an Indoor Climbing Program to Promote Physical, Mental and Social Well-Being for College Students.” (PI Kamimura). 1U4U Innovation Funding. University of Utah. Role: Collaborator.
- 2019–2023** “Leveraging Neuroimaging Biomarkers to Understand the Role of Social Networks in Alzheimer's Disease” (PI Perry, R01-AG057739). Role: Research Assistant.
- 2019** Social Research Practicum, Dr. Jessica Calarco, Indiana University Bloomington: “Social Networks and Parenting” (SNAP).
- 2019** Research Assistant for Dr. Jane McLeod, Indiana University Bloomington: “Mental Health Inequalities Across Time and Place.”
- 2017-2018** Pre-Doctoral Trainee, National Institute on Aging (T32-AG000129). Supervised by Dr. Pamela Herd, University of Wisconsin–Madison.
- 2017–2018** Graduate Student Affiliate, Center for Demography and Ecology (CDE) and Center for Demography of Health and Aging (CDHA), University of Wisconsin–Madison.

Pending:

- 2024** “Examining the Sustainability and Impact of Free Recreation Access for Salt Lake County Youth.” (PIs Meerts-Brandtsma, Littman, and Coleman). 2024 1U4U Seed Grant Program: The Future of Sustainability. University of Utah.
- 2024** “Dementia Stigma in the United States: A Vignette Experiment.” (PIs Coleman and Hamilton.) Time-Sharing Experiments for the Social Sciences (TESS) 2024 Competition for Early-Career Investigators.

Not Funded:

- 2024** “Listening to Patients’ Voices: Fusing Human-Centered Computational Tools with Theories from Medical Sociology” (PIs Pandey and Coleman). 2024 Inspiring Digital Health Innovations. University of Utah Digital Health Initiative.
- 2024** “Measuring Variation in Dementia Stigma Using a Survey Experiment.” (PIs Coleman and Hamilton.) Center for Advancing Sociodemographic and Economic Study of Alzheimer’s Disease and Related Dementias (CeASES-ADRD) 2024-2025 Pilot Award.

**TEACHING EXPERIENCE**

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University of Utah

- Fall 2024** Social Psychology  
Social Epidemiology (cross-listed with Health, Society & Policy program)

**Spring 2024** Health, Society & Policy Capstone: Wildfires – Impacts & Implications  
**Fall 2023** Social Epidemiology (cross-listed with Health, Society & Policy program)

### Indiana University Bloomington

**Fall 2020** Instructor of Record, Sociology of Mental Illness (*300-level course for juniors and seniors*)  
**Spring 2019** Graduate Assistant, Politics and Society (*Responsible for grading & office hours*)  
**Fall 2018** Graduate Assistant, Introduction to Sociology (*Responsible for grading & office hours*)

### University of Wisconsin–Madison

**Spring 2017** Teaching Assistant, Marriage and the Family (*Responsible for 5 sections of 20 students*)  
**Fall 2016** Teaching Assistant, Survey of Sociology (*Responsible for 2 writing-intensive discussion sections of about 15 students each*)

## **STUDENT MENTORING**

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### Graduate Students

#### *Dissertation Committees:*

**2024–** Lauren E. Solkowski. “Death Investigation in the US: Suicide Death Determination.” (Role: Dissertation committee member.)

### Undergraduate Students

#### *Honors Theses:*

**2024–** Ashlyn M. Henriod. HSP 4999 (Honors Thesis): “Telehealth Policy in the United States.” (Role: Faculty mentor.)

#### *Other Mentorship:*

**2024–** Finnean R. McEneaney. BIOL 4965 (Independent Professional Internship): Biosociology and Gene–Environment Interactions. (Role: Faculty mentor and internship supervisor.)

## **INVITED TALKS**

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**2022** “Mental Health in the College Classroom: Best Practices for Instructors.” Coffee & Conversation hosted by *Teaching Sociology*, February 27, 2022.

## **MEDIA**

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**2024** Interviewed in “Sad Emoji: How Social Media Affects Mental Health,” Hannah Rauthworth, *Indianapolis Recorder*, May 30, 2024. <https://indianapolisrecorder.com/sad-emoji-how-social-media-affects-mental-health>.

**2022** “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” *The Conversation*, March 14, 2022. <https://theconversation.com/5-ways-college->

## CONFERENCE PRESENTATIONS

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- 2024** “The Healthy Immigrant Paradox Revisited: Testing Differential Exposure and Vulnerability to Stressors.” 18<sup>th</sup> International Conference on Social Stress Research.
- 2022** “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” Coauthors: Meghann Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. Population Association of America Annual Meeting.
- 2021** “Educational Disparities and Cognition in Later Life: The Role of Social Networks.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Population Association of America Annual Meeting.
- 2020** “Subjective Social Status and Major Depression: Applying the ‘Future Control’ Strategy to Address Unmeasured Confounding.” American Sociological Association (ASA) Annual Meeting.\*
- 2020** “It’s Not What You Know: Educational Disparities and Cognitive Decline.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Society for the Study of Social Problems (SSSP) Annual Meeting.\*
- 2019** “The Non-Contractual Foundations of Contract: Declining Institutional Consensus in the Era of Donald Trump.” Indiana University Interdisciplinary Graduate Conference.
- 2018** “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Population Association of America Annual Meeting.

\*Canceled due to COVID-19

## HONORS AND AWARDS

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- 2023** Graduate Student Paper Award, ASA Social Psychology Section, for “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans” (co-authored with Nicholas C. Smith).
- 2017** Phi Kappa Phi, University of Wisconsin–Madison. (Top 10% of graduate students.)
- 2015** University Fellowship, University of Wisconsin–Madison. “Awarded by the Graduate School to a few outstanding entering students and dissertators.”
- 2014** Phi Beta Kappa, Oberlin College
- 2014** Comfort Starr Prize in Sociology, Oberlin College
- 2014** Highest Honors in Sociology, Oberlin College

## **SERVICE**

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### Professional Service

#### *Editorial Activities:*

- 2024–** Editorial Board Member, *Society and Mental Health*  
**2018–** Ad Hoc Reviewer: *American Journal of Sociology, American Sociological Review, Health & Place, Journal of Classical Sociology, Sociological Inquiry, Teaching Sociology.*

#### *Conference Activities:*

- 2024** Session Organizer and Presider, “Stress and Inequality.” 18<sup>th</sup> International Conference on Social Stress Research.  
**2024** Session Organizer and Chair, “Health Paradoxes and Their Underlying Mechanisms” Population Association of America Annual Meeting.  
**2024** Session Organizer, “The Healthy Immigrant Paradox.” Population Association of America Annual Meeting. (*Accepted for April 2024.*)

#### *Other Professional Service:*

- 2021–2023** Scribe, Scientific Advisory Board of the General Social Survey  
**2020–2022** Student Representative, ASA Section on the Sociology of Mental Health

### Institutional/Departmental Service

#### *University of Utah:*

- 2024–** Undergraduate Committee Member, Sociology Department  
**2023–2024** Graduate Committee Member, Sociology Department  
**2023** Reviewer, Undergraduate Research Opportunity Program (UROP)

#### *Indiana University Bloomington:*

- 2021–2023** Executive Committee Member, Sociology Department  
**2021** Awards Committee Member, Sociology Department  
**2020–2021** Secretary, Graduate Student Association (GSA)  
**2019–2020** Diversity, Equity, and Inclusion Committee Member, Sociology Department  
**2019–2020** Sociology Representative, IU Graduate and Professional Student Government  
**2019** Awards Committee Member, Sociology Department