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ACADEMIC APPOINTMENTS

2023– **Assistant Professor**, Department of Sociology, University of Utah
Affiliated Faculty, Health, Society & Policy (HSP) Program

EDUCATION

2023 **PhD**, Sociology, Indiana University Bloomington.

Dissertation: “Status and the Psyche: How Mental Health Paradoxes Challenge Theories of Inequality.” Committee: Brea L. Perry (chair), Jane D. McLeod, Anna S. Mueller, and Arthur S. Alderson

Qualifying Exam: Medical Sociology (passed in 2020)
PhD Minor: Social Science Research Methods

2018 **MS**, Sociology, University of Wisconsin–Madison.

Master’s Thesis: “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Committee: Pamela Herd (chair), Michal Engelman, and Marcia J. Carlson

Preliminary Exam: Social Psychology and Microsociology (passed in 2018)

2014 **BA**, Sociology, Oberlin College. *Highest Honors*.

RESEARCH AND TEACHING INTERESTS

Medical Sociology
Mental Health

Inequality/Stratification
Social Psychology

Culture
Theory

PUBLICATIONS (* denotes student coauthor)

In Print

Smith, Nicholas C., and **Max E. Coleman**. 2024. “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans.” *Social Forces* (2024): soad151. doi.org/10.1093/sf/soad151.†

† Winner, Graduate Student Paper Award, ASA Social Psychology Section

Coleman, Max E., and Matthew A. Andersson. 2023. “Hurt on Both Sides: Political Differences in Health and Well-Being during the COVID-19 Pandemic.” *Journal of Health and Social Behavior* 2023:1–16. doi.org/10.1177/00221465231200500.

Perry, Brea L., Nicholas C. Smith, **Max E. Coleman**, and Bernice A. Pescosolido. 2023. “Social Networks, the COVID-19 Pandemic, and Emerging Adults’ Mental Health: Resiliency Through Social Bonding and Cohesion.” *American Journal of Public Health* 2023:e1-e10. doi.org/10.2105/AJPH.2023.307426.

Hamilton, Lucas J., **Max E. Coleman**, and Anne C. Krendl. 2023. “Contact Reduces Substance Use Stigma through Bad Character Attributions, Especially for US Health Care Professionals.” *Psychology of Addictive Behaviors* 37(6):734–45.

Coleman, Max E., *Meghann E. H. Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. 2023. “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” *Alzheimer’s & Dementia* 2023:1–11. doi.org/10.1002/alz.13035.

Coleman, Max E., *Mohit K. Manchella, Adam R. Roth, Siyun Peng, and Brea L. Perry. 2022. “What Kinds of Social Networks Protect Older Adults’ Health During a Pandemic? The Tradeoff Between Preventing Infection and Promoting Mental Health.” *Social Networks* 70(2022): 393–402.

Coleman, Max E. 2022. “Mental Health in the College Classroom: Best Practices for Instructors.” *Teaching Sociology* 50(2):168–82. <https://doi.org/10.1177/0092055X221080433>.† ‡

† In the top 5% of all publications [scored by Altmetric](#), a measure of the “attention surrounding scholarly content.” Top-scoring of all publications in *Teaching Sociology* (#1 of 568 as of August 2024).

‡ Invited to write a guest post at *The Conversation* (March 14, 2022): “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” <https://theconversation.com/5-ways-college-instructors-can-help-students-take-care-of-their-mental-health-178757>. Cross-posted at [35 news outlets](#).

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, and Brea L. Perry. 2022. “Do Subjective or Objective Cognitive Measures Better Predict Social Network Type Among Older Adults?” *Biodemography and Social Biology*, 67(1):84–97.

McLeod, Jane D. and **Max E. Coleman**. 2021. “Mental Health Inequalities.” Pp. 113–23 in *The Routledge Handbook of Contemporary Inequalities and the Life Course*, edited by Magda Nico and Gary Pollock. London: Routledge.

Perry, Brea L., Will R. McConnell, **Max E. Coleman**, Adam R. Roth, Siyun Peng, and Liana G. Apostolova. 2021. “Why the Cognitive ‘Fountain of Youth’ May Be Upstream: Pathways to

Dementia Risk and Resilience Through Social Connectedness.” *Alzheimer’s & Dementia* 18(5):934–41. <https://doi.org/10.1002/alz.12443>

Perry, Brea L, William R McConnell, Siyun Peng, Adam Roth, **Max Coleman**, *Mohit Manchella, *Meghann Roessler, Heather Francis, Hope Sheean, and Liana Apostolova. 2021. “Social Networks and Cognitive Function: An Evaluation of Social Bridging and Bonding Mechanisms.” *The Gerontologist*, 62(6):865–75. <https://doi.org/10.1093/geront/gnab112>.

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Evan Finley, and Brea L. Perry. 2020. “Network Recall among Older Adults with Cognitive Impairments.” *Social Networks* 64(2021):99–108.

Accepted Manuscripts

Coleman, Max E. “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” In *The Conversation on Higher Ed*, edited by Mary L. Churchill. Baltimore, MD: JHU Press. (*Accepted for publication.*)

Under Review

Andersson, Matthew A., and **Max E. Coleman**. “The Politics of Suffering: Constructing Depression Stigma in the United States.” (Under review at *Journal of Health and Social Behavior*.)

Coleman, Max E., Donald A. Godfrey, Amber Thompson, Catherine Sparks, and Rebecca L. Utz. “Interventions to Improve Caregiver Respite: Who Benefits and Under What Conditions?” (Under review at *Dementia*.)

Hamilton, Lucas J., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, Anne C. Krendl, and Brea L. Perry. “Distinct Characteristics of Social Networks Promote Cognitive Versus Psychological Health in Older Adults.” (Under review at *Nature Aging*.)

In Progress

Andersson, Matthew, Catherine E. Harnois, and **Max E. Coleman**. “The Cognitive Costs of Gender Discrimination? A Longitudinal Analysis of MIDUS Women.”

Coleman, Max E. “The Healthy Immigrant Paradox Reconsidered: Testing Differential Exposure and Vulnerability to Stressors.”

Godfrey, Donald A., Bob Wong, Amber Thompson, **Max E. Coleman**, Catherine Sparks, and Rebecca L. Utz. “Goal-Oriented Respite Planning & Caregiver Experience and Evaluation of Respite Time Use: An Ecological Momentary Assessment.”

*Mishra, Aadi, and **Max E. Coleman**. “Silent Echoes: Understanding and Predicting the Widespread Mental Health Impact of Mass Shootings.”

RESEARCH SUPPORT

Current & Completed Projects:

- 2024–2025** “Place, Physical Environment, and Mental Health: A Study of Suicide Behaviors in Salt Lake City, Utah.” (PI Wei). 1U4U Seed Grant Program (2024): The Future of Sustainability. University of Utah. Role: Co-Investigator.
- 2024** “Virtual Coaching to Maximize Dementia Caregivers’ Respite Time-Use: A Stage 1 Pilot Test for Feasibility and Efficacy.” (PI Utz, R01-AG061946). Role: Co-Investigator.
- 2023–** “Testing of an Indoor Climbing Program to Promote Physical, Mental and Social Well-Being for College Students.” (PI Kamimura). 1U4U Innovation Funding. University of Utah. Role: Collaborator.
- 2019–2023** “Leveraging Neuroimaging Biomarkers to Understand the Role of Social Networks in Alzheimer’s Disease” (PI Perry, R01-AG057739). Role: Research Assistant.

In Progress:

- 2025 (expected)** “Cohort-Specific Gender Differences in SES Mechanisms of Alzheimer’s Disease and Related Dementias: Leveraging the Health and Retirement Study.” (PI Matthew Andersson, R21.) Role: Co-Investigator.

Not Funded:

- 2024** “Examining the Sustainability and Impact of Free Recreation Access for Salt Lake County Youth.” (PIs Meerts-Brandtsma, Littman, and Coleman). 1U4U Seed Grant Program (2024): The Future of Sustainability. University of Utah.
- 2024** “Dementia Stigma in the United States: A Vignette Experiment.” (PIs Coleman and Hamilton.) Time-Sharing Experiments for the Social Sciences (TESS) 2024 Competition for Early-Career Investigators.
- 2024** “Listening to Patients’ Voices: Fusing Human-Centered Computational Tools with Theories from Medical Sociology” (PIs Pandey and Coleman). 2024 Inspiring Digital Health Innovations. University of Utah Digital Health Initiative.
- 2024** “Measuring Variation in Dementia Stigma Using a Survey Experiment.” (PIs Coleman and Hamilton.) Center for Advancing Sociodemographic and Economic Study of Alzheimer’s Disease and Related Dementias (CeASES-ADRD) 2024-2025 Pilot Award.

TEACHING EXPERIENCE

University of Utah

- Fall 2024** Social Psychology (3000-level course)
Social Epidemiology (3000-level course, cross-listed with Health, Society & Policy program)
- Spring 2024** Health, Society & Policy Capstone: Wildfires – Impacts & Implications
Fall 2023 Social Epidemiology (3000-level course, cross-listed with Health, Society & Policy program)

Indiana University Bloomington

- Fall 2020** Instructor of Record, Sociology of Mental Illness (300-level course for juniors and seniors)
Spring 2019 Graduate Assistant, Politics and Society (Responsible for grading & office hours)
Fall 2018 Graduate Assistant, Introduction to Sociology (Responsible for grading & office hours)

University of Wisconsin–Madison

- Spring 2017** Teaching Assistant, Marriage and the Family (Responsible for 5 sections of 20 students)
Fall 2016 Teaching Assistant, Survey of Sociology (Responsible for 2 writing-intensive discussion sections of about 15 students each)

STUDENT MENTORING

Graduate Students

Dissertation Committees:

- 2024–** Lauren E. Solkowski. “Death Investigation in the US: Suicide Death Determination.”
(Role: Dissertation committee member.)

Teaching Mentorship:

- 2024–** Yasamin Shaker, Sociology of Gender and Sexuality (Role: Teaching mentor)

Undergraduate Students

Honors Theses:

- 2024** Ashlyn M. Henriod. HSP 4999 (Honors Thesis): “Political and Legal Considerations for the Future of Telehealth in the United States Following the COVID-19 Public Health Emergency.” (Role: Thesis faculty supervisor.)

Other Mentorship:

- 2024–** Finnean R. McEneaney. BIOL 4965 (Independent Professional Internship): Biosociology and Gene–Environment Interactions. (Role: Faculty mentor and internship supervisor.)

Other Students

- 2024–** Aadi Mishra, The Waterford School. (Role: Informal research supervisor.)

INVITED TALKS

2022 “Mental Health in the College Classroom: Best Practices for Instructors.” Coffee & Conversation hosted by *Teaching Sociology*, February 27, 2022.

MEDIA

2024 Interviewed in “Sad Emoji: How Social Media Affects Mental Health,” Hannah Rauthworth, *Indianapolis Recorder*, May 30, 2024. <https://indianapolisrecorder.com/sad-emoji-how-social-media-affects-mental-health>.

2022 “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” *The Conversation*, March 14, 2022. <https://theconversation.com/5-ways-college-instructors-can-help-students-take-care-of-their-mental-health-178757>.

CONFERENCE PRESENTATIONS

2024 “The Healthy Immigrant Paradox Revisited: Testing Differential Exposure and Vulnerability to Stressors.” 18th International Conference on Social Stress Research.

2022 “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” Coauthors: Meghann Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. Population Association of America Annual Meeting.

2021 “Educational Disparities and Cognition in Later Life: The Role of Social Networks.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Population Association of America Annual Meeting.

2020 “Subjective Social Status and Major Depression: Applying the ‘Future Control’ Strategy to Address Unmeasured Confounding.” American Sociological Association (ASA) Annual Meeting.*

2020 “It’s Not What You Know: Educational Disparities and Cognitive Decline.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Society for the Study of Social Problems (SSSP) Annual Meeting.*

2019 “The Non-Contractual Foundations of Contract: Declining Institutional Consensus in the Era of Donald Trump.” Indiana University Interdisciplinary Graduate Conference.

2018 “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Population Association of America Annual Meeting.

*Canceled due to COVID-19

PROFESSIONAL DEVELOPMENT

- 2024 Mental Health First Aid USA (Certified August 1, 2024 by the National Council for Mental Wellbeing)
- 2023 Snowbird Faculty Development Retreat, University of Utah. (October 18–20, 2023.)

HONORS AND AWARDS

- 2023 Graduate Student Paper Award, ASA Social Psychology Section, for “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans” (co-authored with Nicholas C. Smith).
- 2017 Phi Kappa Phi, University of Wisconsin–Madison. (Top 10% of graduate students.)
- 2015 University Fellowship, University of Wisconsin–Madison. “Awarded by the Graduate School to a few outstanding entering students and dissertators.”
- 2014 Phi Beta Kappa, Oberlin College
- 2014 Comfort Starr Prize in Sociology, Oberlin College
- 2014 Highest Honors in Sociology, Oberlin College

SERVICE

Professional Service

Editorial Activities:

- 2024– Editorial Board Member, *Society and Mental Health*
- 2018– Ad Hoc Reviewer: *American Journal of Sociology*, *American Sociological Review*, *Health & Place*, *Journal of Classical Sociology*, *Journals of Gerontology*, *Series B: Social Science*, *Sociological Inquiry*, *Teaching Sociology*.

Conference Activities:

- 2024 Session Organizer and Presider, “Stress and Inequality.” 18th International Conference on Social Stress Research.
- 2024 Session Organizer and Chair, “Health Paradoxes and Their Underlying Mechanisms” Population Association of America Annual Meeting.
- 2024 Session Organizer, “The Healthy Immigrant Paradox.” Population Association of America Annual Meeting. (*Accepted for April 2024.*)

Other Professional Service:

- 2021–2023 Scribe, Scientific Advisory Board of the General Social Survey
- 2020–2022 Student Representative, ASA Section on the Sociology of Mental Health

Institutional/Departmental Service

University of Utah:

- 2024– Undergraduate Committee Member, Sociology Department
- 2023–2024 Graduate Committee Member, Sociology Department
- 2023 Reviewer, Undergraduate Research Opportunity Program (UROP)

Indiana University Bloomington:

- 2021–2023** Executive Committee Member, Sociology Department
- 2021** Awards Committee Member, Sociology Department
- 2020–2021** Secretary, Graduate Student Association (GSA)
- 2019–2020** Diversity, Equity, and Inclusion Committee Member, Sociology Department
- 2019–2020** Sociology Representative, IU Graduate and Professional Student Government
- 2019** Awards Committee Member, Sociology Department