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## Max E. Coleman

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### ACADEMIC APPOINTMENTS

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**2023–**      **Assistant Professor**, Department of Sociology, University of Utah  
**Affiliated Faculty**, Health, Society & Policy (HSP) Program

### EDUCATION

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**2023**      **PhD**, Sociology, Indiana University Bloomington.

Dissertation: “Status and the Psyche: How Mental Health Paradoxes Challenge Theories of Inequality.” Committee: Brea L. Perry (chair), Jane D. McLeod, Anna S. Mueller, and Arthur S. Alderson

Qualifying Exam: Medical Sociology (passed in 2020)  
PhD Minor: Social Science Research Methods

**2018**      **MS**, Sociology, University of Wisconsin–Madison.

Master’s Thesis: “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Committee: Pamela Herd (chair), Michal Engelman, and Marcia J. Carlson

Preliminary Exam: Social Psychology and Microsociology (passed in 2018)

**2014**      **BA**, Sociology, Oberlin College. *Highest Honors; Phi Beta Kappa.*

### RESEARCH AND TEACHING INTERESTS

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Medical Sociology  
Mental Health

Inequality/Stratification  
Social Psychology

Culture  
Theory

### PUBLICATIONS (\* denotes student coauthor)

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#### In Print

Smith, Nicholas C., and **Max E. Coleman**. 2024. “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans.” *Social Forces* (2024): soad151. [doi.org/10.1093/sf/soad151](https://doi.org/10.1093/sf/soad151).†

† Winner, Graduate Student Paper Award, ASA Social Psychology Section

**Coleman, Max E.**, and Matthew A. Andersson. 2023. “Hurt on Both Sides: Political Differences in Health and Well-Being during the COVID-19 Pandemic.” *Journal of Health and Social Behavior* 2023:1–16. [doi.org/10.1177/00221465231200500](https://doi.org/10.1177/00221465231200500).

Perry, Brea L., Nicholas C. Smith, **Max E. Coleman**, and Bernice A. Pescosolido. 2023. “Social Networks, the COVID-19 Pandemic, and Emerging Adults’ Mental Health: Resiliency Through Social Bonding and Cohesion.” *American Journal of Public Health* 2023:e1–e10. [doi.org/10.2105/AJPH.2023.307426](https://doi.org/10.2105/AJPH.2023.307426).

Hamilton, Lucas J., **Max E. Coleman**, and Anne C. Krendl. 2023. “Contact Reduces Substance Use Stigma through Bad Character Attributions, Especially for US Health Care Professionals.” *Psychology of Addictive Behaviors* 37(6):734–45.

**Coleman, Max E.**, \*Meghann E. H. Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. 2023. “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” *Alzheimer’s & Dementia* 2023:1–11. [doi.org/10.1002/alz.13035](https://doi.org/10.1002/alz.13035).

**Coleman, Max E.**, \*Mohit K. Manchella, Adam R. Roth, Siyun Peng, and Brea L. Perry. 2022. “What Kinds of Social Networks Protect Older Adults’ Health During a Pandemic? The Tradeoff Between Preventing Infection and Promoting Mental Health.” *Social Networks* 70(2022): 393–402.

**Coleman, Max E.** 2022. “Mental Health in the College Classroom: Best Practices for Instructors.” *Teaching Sociology* 50(2):168–82. <https://doi.org/10.1177/0092055X221080433>.† ‡

† In the top 5% of all publications [scored by Altmetric](#), a measure of the “attention surrounding scholarly content.” Top-scoring of all publications in *Teaching Sociology* (#1 of 568 as of August 2024).

‡ Invited to write a guest post at *The Conversation* (March 14, 2022): “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” <https://theconversation.com/5-ways-college-instructors-can-help-students-take-care-of-their-mental-health-178757>. Cross-posted at [35 news outlets](#).

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, and Brea L. Perry. 2022. “Do Subjective or Objective Cognitive Measures Better Predict Social Network Type Among Older Adults?” *Biodemography and Social Biology*, 67(1):84–97.

McLeod, Jane D. and **Max E. Coleman**. 2021. “Mental Health Inequalities.” Pp. 113–23 in *The Routledge Handbook of Contemporary Inequalities and the Life Course*, edited by Magda Nico and Gary Pollock. London: Routledge.

Perry, Brea L., Will R. McConnell, **Max E. Coleman**, Adam R. Roth, Siyun Peng, and Liana G. Apostolova. 2021. “Why the Cognitive ‘Fountain of Youth’ May Be Upstream: Pathways to

Dementia Risk and Resilience Through Social Connectedness.” *Alzheimer’s & Dementia* 18(5):934–41. <https://doi.org/10.1002/alz.12443>

Perry, Brea L, William R McConnell, Siyun Peng, Adam Roth, **Max Coleman**, \*Mohit Manchella, \*Meghann Roessler, Heather Francis, Hope Sheean, and Liana Apostolova. 2021. “Social Networks and Cognitive Function: An Evaluation of Social Bridging and Bonding Mechanisms.” *The Gerontologist*, 62(6):865–75. <https://doi.org/10.1093/geront/gnab112>.

Roth, Adam R., Siyun Peng, **Max E. Coleman**, Evan Finley, and Brea L. Perry. 2020. “Network Recall among Older Adults with Cognitive Impairments.” *Social Networks* 64(2021):99–108.

#### Accepted Manuscripts

**Coleman, Max E.**, Donald A. Godfrey, Amber Thompson, Catherine Sparks, and Rebecca L. Utz. “Improving Respite Outcomes for Caregivers: Who Benefits and Under What Conditions?” (Accepted at the *Journal of Applied Gerontology*.)

**Coleman, Max E.** “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” In *The Conversation on Higher Ed*, edited by Mary L. Churchill. Baltimore, MD: JHU Press. (Accepted for publication.)

#### Under Review

Andersson, Matthew, Catherine E. Harnois, and **Max E. Coleman**. “Midlife Gender Discrimination and Later-Life Cognition: Results from the National Survey of Midlife Development in the United States.” (Under review at *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.)

Hamilton, Lucas J., Siyun Peng, **Max E. Coleman**, Liana G. Apostolova, Anne C. Krendl, and Brea L. Perry. “Distinct Characteristics of Social Networks Promote Cognitive Versus Psychological Health in Older Adults.” (Under review at *American Psychologist*.)

#### In Progress

Andersson, Matthew A., and **Max E. Coleman**. “The Politics of Suffering: Constructing Depression Stigma in the United States.”

**Coleman, Max E.** “Socioeconomic Patterns in Distress and Suicidality in U.S. College Students: Evidence of a Mental Health Paradox.”

Godfrey, Donald A., Bob Wong, Amber Thompson, **Max E. Coleman**, Catherine Sparks, and Rebecca L. Utz. “Goal-Oriented Respite Planning & Caregiver Experience and Evaluation of Respite Time Use: An Ecological Momentary Assessment.”

\*Mishra, Aadi, and **Max E. Coleman**. “Silent Echoes: Understanding and Predicting the Widespread Mental Health Impact of Mass Shootings.”

## RESEARCH SUPPORT

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### Current & Completed Projects:

- 2025–2026** “Rising Suicidality in Black Youth: What Explains the Trend? Exploring Resilience & Vulnerability Factors.” University of Utah College of Social and Behavioral Science (CSBS): Mental Health Research & Community Engagement Fund. Sponsor: Healthy Mind Map Gives. Role: Principal Investigator.
- 2025–2026** “The Explanatory Role of Individual- and State-Level Labor Market Factors across the Life Span in the Education–ADRD Link.” (PI: Reynolds.) *Network on Education, Biosocial Pathways, and Dementia in Diverse Populations* Call for Pilot Project Proposals (Year 4). Role: Co-Investigator.
- 2024–2025** “Place, Physical Environment, and Mental Health: A Study of Suicide Behaviors in Salt Lake City, Utah.” (PI Wei). 1U4U Seed Grant Program (2024): The Future of Sustainability. University of Utah. Role: Co-Investigator.
- 2024** “Virtual Coaching to Maximize Dementia Caregivers’ Respite Time-Use: A Stage 1 Pilot Test for Feasibility and Efficacy.” (PI Utz, R01-AG061946). Role: Co-Investigator.
- 2023–** “Testing of an Indoor Climbing Program to Promote Physical, Mental and Social Well-Being for College Students.” (PI Kamimura). 1U4U Innovation Funding. University of Utah. Role: Collaborator.
- 2019–2023** “Leveraging Neuroimaging Biomarkers to Understand the Role of Social Networks in Alzheimer's Disease” (PI Perry, R01-AG057739). Role: Research Assistant.

### Pending:

- 2025** “Who Cares for Caregivers? Human-Centered Design of a Digital Social Support Platform for Women Caring for Loved Ones with Neurodegenerative Disorders.” (PIs: Coleman and Pandey.) 1U4U Innovation Funding. Role: Principal Investigator.

### In Progress:

- 2025 (expected)** “Cohort-Specific Gender Differences in SES Mechanisms of Alzheimer’s Disease and Related Dementias: Leveraging the Health and Retirement Study.” (PI Matthew Andersson, R21.) Role: Co-Investigator.

### Not Funded:

- 2025** “A Cohort-Based, Intersectional Approach to Later-Life Cognition and Dementia.” (PI: Andersson). *Network on Education, Biosocial Pathways, and Dementia in Diverse Populations* Call for Pilot Project Proposals (Year 4).

- 2024** “Examining the Sustainability and Impact of Free Recreation Access for Salt Lake County Youth.” (PIs Meerts-Brandsma, Littman, and Coleman). 1U4U Seed Grant Program (2024): The Future of Sustainability. University of Utah.
- 2024** “Dementia Stigma in the United States: A Vignette Experiment.” (PIs Coleman and Hamilton.) Time-Sharing Experiments for the Social Sciences (TESS) 2024 Competition for Early-Career Investigators.
- 2024** “Listening to Patients’ Voices: Fusing Human-Centered Computational Tools with Theories from Medical Sociology” (PIs Pandey and Coleman). 2024 Inspiring Digital Health Innovations. University of Utah Digital Health Initiative.
- 2024** “Measuring Variation in Dementia Stigma Using a Survey Experiment.” (PIs Coleman and Hamilton.) Center for Advancing Sociodemographic and Economic Study of Alzheimer’s Disease and Related Dementias (CeASES-ADRD) 2024-2025 Pilot Award.

## **TEACHING EXPERIENCE**

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### University of Utah

- Spring 2025** Social Epidemiology (*3000-level course, cross-listed with Health, Society & Policy program*)  
Health, Society & Policy Capstone: Technology & Health  
Directed Reading: Social Psychology of Modernity: Culture, Technology, and the Search for Meaning
- Fall 2024** Social Psychology (*3000-level course*)  
Social Epidemiology (*3000-level course, cross-listed with Health, Society & Policy program*)
- Spring 2024** Health, Society & Policy Capstone: Wildfires – Impacts & Implications
- Fall 2023** Social Epidemiology (*3000-level course, cross-listed with Health, Society & Policy program*)

### Indiana University Bloomington

- Fall 2020** Instructor of Record, Sociology of Mental Illness (*300-level course for juniors and seniors*)
- Spring 2019** Graduate Assistant, Politics and Society (*Responsible for grading & office hours*)
- Fall 2018** Graduate Assistant, Introduction to Sociology (*Responsible for grading & office hours*)

### University of Wisconsin–Madison

- Spring 2017** Teaching Assistant, Marriage and the Family (*Responsible for 5 sections of 20 students*)
- Fall 2016** Teaching Assistant, Survey of Sociology (*Responsible for 2 writing-intensive discussion sections of about 15 students each*)

## STUDENT MENTORING

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### Graduate Students

#### *Dissertation Committees:*

**2024–** Lauren E. Solkowski. “Death Investigation in the US: Suicide Death Determination.” (Role: Dissertation committee member.)

#### *Teaching Mentorship:*

**2024–** Yasamin Shaker, Sociology of Gender and Sexuality (Role: Teaching mentor)

### Undergraduate Students

#### *Honors Theses:*

**2025–** Olive Kimball. HSP 4999. (Honors Thesis.) “Social Media and Orthorexia Attitudes” (Role: Thesis faculty supervisor.)

**2025–** Ryan Smith. HSP 4999 (Honors Thesis). “Regulating Betel Nut Use in Papua New Guinea.” (Role: Thesis faculty supervisor.)

**2024–** Jillian McBane. HSP 4999 (Honors Thesis): “Collectivity in Flourishing: An Argument Against Flourishing Alone.” (Role: Thesis faculty supervisor.)

**2024** Ashlyn M. Henriod. HSP 4999 (Honors Thesis): “Political and Legal Considerations for the Future of Telehealth in the United States Following the COVID-19 Public Health Emergency.” (Role: Thesis faculty supervisor.)

#### *Other Mentorship:*

**2024** Finnean R. McEneany. BIOL 4965 (Independent Professional Internship): Biosociology and Gene–Environment Interactions. (Role: Faculty mentor and internship supervisor.)

### Other Students

**2024–** Aadi Mishra, The Waterford School. (Role: Informal research supervisor.)

## INVITED TALKS

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**2022** “Mental Health in the College Classroom: Best Practices for Instructors.” Coffee & Conversation hosted by *Teaching Sociology*, February 27, 2022.

## MEDIA

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- 2024** Interviewed in “Sad Emoji: How Social Media Affects Mental Health,” Hannah Rauthworth, *Indianapolis Recorder*, May 30, 2024. <https://indianapolisrecorder.com/sad-emoji-how-social-media-affects-mental-health>.
- 2022** “5 Ways College Instructors Can Help Students Take Care of Their Mental Health.” *The Conversation*, March 14, 2022. <https://theconversation.com/5-ways-college-instructors-can-help-students-take-care-of-their-mental-health-178757>.

## CONFERENCE PRESENTATIONS

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- 2024** “The Healthy Immigrant Paradox Revisited: Testing Differential Exposure and Vulnerability to Stressors.” 18<sup>th</sup> International Conference on Social Stress Research.
- 2022** “Social Enrichment on the Job: How Complex Work with People Preserves Cognitive Function, Promotes Brain Reserve, and Reduces the Risk of Dementia.” Coauthors: Meghann Roessler, Siyun Peng, Adam R. Roth, Shannon L. Risacher, Andrew J. Saykin, Liana G. Apostolova, and Brea L. Perry. Population Association of America Annual Meeting.
- 2021** “Educational Disparities and Cognition in Later Life: The Role of Social Networks.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Population Association of America Annual Meeting.
- 2020** “Subjective Social Status and Major Depression: Applying the ‘Future Control’ Strategy to Address Unmeasured Confounding.” American Sociological Association (ASA) Annual Meeting.\*
- 2020** “It’s Not What You Know: Educational Disparities and Cognitive Decline.” Coauthors: Siyun Peng, Adam Roth, Mohit Manchella, and Brea Perry. Society for the Study of Social Problems (SSSP) Annual Meeting.\*
- 2019** “The Non-Contractual Foundations of Contract: Declining Institutional Consensus in the Era of Donald Trump.” Indiana University Interdisciplinary Graduate Conference.
- 2018** “Subjective Social Status and Major Depression: A Path Analysis of Biological and Psychosocial Mechanisms.” Population Association of America Annual Meeting.

\*Canceled due to COVID-19

## PROFESSIONAL DEVELOPMENT

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- 2025** Faculty Success Program. *National Center for Faculty Development & Diversity*.

- 2024** Mental Health First Aid USA (Certified August 1, 2024 by the National Council for Mental Wellbeing)
- 2023** Snowbird Faculty Development Retreat, University of Utah. (October 18–20, 2023.)

## **HONORS AND AWARDS**

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- 2023** Graduate Student Paper Award, ASA Social Psychology Section, for “Beyond Empathy: Familial Incarceration, Stress Proliferation, and Depressive Symptoms Among African Americans” (co-authored with Nicholas C. Smith).
- 2017** Phi Kappa Phi, University of Wisconsin–Madison. (Top 10% of graduate students.)
- 2015** University Fellowship, University of Wisconsin–Madison. “Awarded by the Graduate School to a few outstanding entering students and dissertators.”
- 2014** Phi Beta Kappa, Oberlin College
- 2014** Comfort Starr Prize in Sociology, Oberlin College
- 2014** Highest Honors in Sociology, Oberlin College

## **SERVICE**

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### Professional Service

#### *Editorial Activities:*

- 2024–** Editorial Board Member, *Society and Mental Health*
- 2018–** Ad Hoc Reviewer: *American Journal of Sociology*, *American Sociological Review*, *Health & Place*, *Journal of Classical Sociology*, *Journals of Gerontology*, *Series B: Social Science*, *Sociological Inquiry*, *Teaching Sociology*.

#### *Conference Activities:*

- 2024** Session Organizer and Presider, “Stress and Inequality.” 18<sup>th</sup> International Conference on Social Stress Research.
- 2024** Session Organizer and Chair, “Health Paradoxes and Their Underlying Mechanisms” Population Association of America Annual Meeting.
- 2024** Session Organizer, “The Healthy Immigrant Paradox.” Population Association of America Annual Meeting. (*Accepted for April 2024.*)

#### *Other Professional Service:*

- 2021–2023** Scribe, Scientific Advisory Board of the General Social Survey
- 2020–2022** Student Representative, ASA Section on the Sociology of Mental Health

### Institutional/Departmental Service

#### *University of Utah:*

- 2025** Reviewer, Undergraduate Research 2024 Fall Symposium
- 2024** Presenter, “The Art of Networking: Bridging and Bonding Networks.” Women’s Leadership Day (Co-Presenter with Harriet Hopf).



<b>2024–</b>	Undergraduate Committee Member, Sociology Department
<b>2023–2024</b>	Graduate Committee Member, Sociology Department
<b>2023</b>	Reviewer, Undergraduate Research Opportunity Program (UROP)

*Indiana University Bloomington:*

<b>2021–2023</b>	Executive Committee Member, Sociology Department
<b>2021</b>	Awards Committee Member, Sociology Department
<b>2020–2021</b>	Secretary, Graduate Student Association (GSA)
<b>2019–2020</b>	Diversity, Equity, and Inclusion Committee Member, Sociology Department
<b>2019–2020</b>	Sociology Representative, IU Graduate and Professional Student Government
<b>2019</b>	Awards Committee Member, Sociology Department